



# NEW PATIENT FORM

Name \_\_\_\_\_

Date of birth \_\_\_\_\_

Address \_\_\_\_\_

Occupation \_\_\_\_\_

\_\_\_\_\_

Employer \_\_\_\_\_

State \_\_\_\_\_ Postcode \_\_\_\_\_

Email \_\_\_\_\_

Phone (M) \_\_\_\_\_

Referred by \_\_\_\_\_

(H) \_\_\_\_\_

Where did you hear about Christian Lutz Osteopathy? \_\_\_\_\_

(ie referral from family/friend, referral from practitioner/doctor, advertisement, social media, walk in, website or other)

What is the main purpose of your visit today? \_\_\_\_\_

Have you been to an Osteopath previously?  yes  no

If so, what for? \_\_\_\_\_

Do you have any existing medical conditions? \_\_\_\_\_

List any injuries, accidents, operations; \_\_\_\_\_

List any medications or supplements you are currently taking; \_\_\_\_\_

Do you suffer or have suffered from any of the following?

High or low blood pressure  yes  no

Breathing difficulty  yes  no

Stroke  yes  no

Skin conditions  yes  no

Headaches, migraines  yes  no

Allergies  yes  no

Cancer  yes  no

Digestive problems  yes  no

Further details \_\_\_\_\_

Do you smoke?  yes  no

Are you pregnant?  yes  no

List your sports, exercise activities; \_\_\_\_\_

GP Name: \_\_\_\_\_ GP Phone: \_\_\_\_\_

GP Address/Suburb: \_\_\_\_\_

## PATIENT INFORMATION (2 – 12 years)

What is your reason for attending the clinic?

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Have you seen any other health care practitioners for these problems?  yes  no

If so, whom? \_\_\_\_\_ . When was your child last seen & what were the results of treatment?

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Is your child under the care of any other health care practitioners? \_\_\_\_\_

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Please indicate any problems below:

yes  no Nerve, Muscle, Bone, Joint Problems e.g. growing pains, headaches: \_\_\_\_\_

yes  no Heart, Lungs, Respiratory, Circulation Problems, e.g. asthma: \_\_\_\_\_

yes  no Eyes, Ears, Nose, Throat Problems, e.g. ear infections, recurring colds/coughs: \_\_\_\_\_

yes  no Kidney, Bladder, Urinary or Genital Problems, e.g. Bedwetting, constipation: \_\_\_\_\_

yes  no Endocrine/hormonal Problems, e.g. Thyroid, diabetes: \_\_\_\_\_

yes  no Behavioural/Developmental Delay: \_\_\_\_\_

yes  no Mood or Stress disorder, e.g. Depression, Anxiety: \_\_\_\_\_

yes  no Bowel, Digestive Issues, e.g. Constipation, diarrhoea, reflux, Crohns, Collitis, IBS: \_\_\_\_\_

Describe any previous (or future) surgery or hospitalisations your child has or has booked: \_\_\_\_\_

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What x-rays, CT Scans or other medical test have been taken in their lifetime? \_\_\_\_\_

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What accidents have they had in their lifetime (e.g. car, or sporting related)? \_\_\_\_\_

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What illnesses has your child previously had? \_\_\_\_\_

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Does your child wear shoe inserts/orthotics? \_\_\_\_\_

Is/has your child had any major dental work done (ie. tooth extraction, braces, plates etc)? Please describe \_\_\_\_\_

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How would you rate your child's physical health?

Excellent  Good  Fair  Poor  Getting Better  Getting Worse

How would you rate your child's general mood and/or emotional/mental wellbeing?

Excellent  Good  Fair  Poor  Getting Better  Getting Worse

Does your child have trouble going to sleep or staying asleep?  yes  no, if so, please explain \_\_\_\_\_

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Does your child have difficulty feeding/eating?  yes  no, if so, please explain \_\_\_\_\_

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Osteopathic care is recognised as being an effective and safe method of care for many conditions. However, you must recognise that there are risks with all health care procedures, which you should be informed about. All practitioners who use Osteopathic Manipulative Treatments on a patient are required to warn patients of the possible risks associated with those procedures. In very rare circumstances, some treatments of the neck may damage blood vessels and even give rise to stroke like symptoms. *(It is believed the risk may be approx. 1-2 strokes per 1,000,000 neck manipulations performed).*

Please read the following carefully;

1. It has been explained to me that there are certain inherent and potential risks in any treatment plan or procedure. I acknowledge that I have discussed with my Osteopath the rare risks associated with my treatment which include but are not limited to muscle and joint soreness or strains, nausea, dizziness, fractures, disc injuries, strokes ( or like episodes), dislocation, bleeding, bruising, inflammation and an exacerbation or aggravation of my underlying condition.
2. I have had the opportunity to discuss the proposed care with the osteopath (named below); I have disclosed all relevant health information. I also acknowledge that I have had the opportunity to ask questions about the nature, extent and purpose of the proposed care and other alternative treatments and been given sufficient time to make a decision giving consent for the care to proceed.
3. I acknowledge that I am aware of and understand the potential risks. I appreciate that a result cannot be guaranteed.
4. I do not expect the Osteopath to be able to anticipate every potential risk and complication associated with the proposed treatment/procedure.
5. I hereby acknowledge my consent to the performance of the proposed Osteopathic care by the osteopath below. I understand that I can withdraw consent at any time in writing and that this consent form does not encompass the entire discussion I had with the Osteopath regarding proposed treatment.

Patients name..... Patients Signature.....

Osteopaths name..... Osteopaths Signature.....

Dated.....